

**Grade 6 Safe Environment Lesson Plan**  
*Grade 6 Theological Concept – Conscience Formation; Virtues*  
Lesson 1 of 3  
**Making Good Decisions**

**Objective:** To identify in oneself the need to make good decisions based on a correctly formed conscience.

**Resources and Connections:** Catechism of the Catholic Church (CCC 1783-1785, 1807). This topic can be introduced with the virtue of temperance and formation of conscience.

**Estimated Time:** 30 minutes

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**Lesson:**

1. Ask the following questions (give help, if necessary, to reach conclusions):
  - ? What is the part of us called that tells us right from wrong?  
*(soul/conscience)*
  - ? Do you know right from wrong? Did you learn it on your own? Who taught you right from wrong? *(Our parents, along with other trusted adults, with the guidance of the Holy Spirit, help to form our conscience.)*
  
2. Point out the following themes, found in CCC 1783-1785:
  - ? The education of a conscience is a life long task.
  - ? Part of becoming a young adult is that our parents will turn loose a little more and let us use our conscience as our guide. Of course, we will need to earn this freedom and prove to them that we are able to make good decisions.
  - ? We should use the Word of God to light the way.
  
3. Now ask the following questions:
  - ? When you have some spare time, what do you like to do? *(Take answers)*  
*Point out: Sometimes we can actually fall into a trap when we have some spare time, because it becomes difficult to stop our fun activity and get back to the work we need to do. This leads us to not use our time wisely.*
  - ? Why is it important to use our time for good? *(Take answers.)*
  - ? What is the connection between forming our conscience and using our time for good? *By forming our conscience, we can decide whether we are using our time for good or evil.*
  - ? Ask the students to think about times when they are alone. Maybe their parents leave them home while they run errands; or maybe they are outside riding their bike around the neighborhood. What kinds of things do you do to keep yourselves safe?

3. Introduce the virtue of temperance which is practicing balance in how we use goods and how we use our time. Discuss how praying for this virtue will help us make good decisions.

**Activity:** Take 5 minutes and write a prayer to the Holy Spirit asking for temperance. Also include in your prayer how you intend to use the gift of temperance in your daily life.

**Grade 6 Safe Environment Lesson Plan**  
*Grade 6 Theological Concept – Conscience Formation; Virtues; Image of God*  
Lesson 2 of 3  
**Respecting Self Enough To Say “No”**

**Objective:** To make the students aware of their own ability to say “No” when something is wrong.

**Resources and Connections:** Catechism of the Catholic Church (CCC 1808) This topic can be introduced with the virtue of fortitude and formation of conscience.

**Estimated Time:** 20 minutes

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**Lesson:**

1. Recall the discussion about conscience. Ask the students Think about a time you made a bad decision. How did that feel afterwards? Our feeling of guilt is the Holy Spirit helping to guide our conscience.
2. We should listen to the Holy Spirit and continue to pray for FORTITUDE to help us and guide us to make right decisions. Fortitude is the courage and strength to make the good decision.
3. Fortitude will help us treat ourselves with the respect we deserve. Each of us is unique and precious to God. Even if we have made bad choices and mistakes in the past, God sees us for the beauty inside. God made us in his image and therefore we are worthwhile and special.
4. Discuss SELF RESPECT. Ask the class: What does it mean to have respect for yourself? How does it make you feel when you are able to stand up for yourself and do what is best for you?
5. How is modesty related to self-respect? What are some examples of ways to express modesty? Not just dress, but words, actions, AND dress. How can modesty help self-respect?
6. How do you show modesty by the way you take care of yourself? What image to you want to share with others about yourself by the way you dress and act?
7. Discuss how having self respect can help us when faced with difficult decisions.

**Activity:** Take 5 minutes and write a prayer to the Holy Spirit asking for fortitude. Also include in your prayer how you intend to use the gift of fortitude in your daily life. Ask the Holy Spirit to help you have enough self respect to say no in difficult situations.

**Grade 6 Safe Environment Lesson Plan**  
*Grade 6 Theological Concept – Trinity*  
Lesson 3 of 3  
**Appropriate and Inappropriate Relationships**

**Objective:** To guide students to realize the difference between appropriate and inappropriate relationships.

**Resources and Connections:** Bible (Genesis 18). This topic can be tied into the presentation of the Trinity, including the relationships between the persons of the Trinity.

**Estimated Time:** 20 minutes

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**Lesson:**

1. Read Genesis 18 in small groups. Talk about hospitality and using friendship to help friends become better people. Ask for examples or stories showing a lack of hospitality or a friendship that does not make one a better person.
2. Discuss how the persons of the Trinity teach us about our relationships. Be sure to include that love includes sacrificial giving, as the Father and the Son give to send forth the Holy Spirit, and the Son totally gives himself on the Cross.

**Activity:** Make a list of the top 10 characteristics of a good friend.