

Discipleship and Coaching



By Tavana Lowery

About me...

- 17 years as an educator: 4 years in Elementary and 13 years High School
- 7 years as a Cheer Coach (middle school and high school)
- FCA (Fellowship of Christian Athletes) sponsor: 4 years
- Married 21 years to my husband Matt Lowery
- Two amazing children: Kameron Lowery (18) attending FHSU, and Kale Lowery (15) Dodge City High School

Discipleship in a school setting is tricky, but it doesn't have to be non-existent.

**Discipleship is a
personal
decision and
mission.**

Here's what I think...

Reluctant disciples come in all shapes and sizes, and for that matter all denominations. The root of this reluctance comes from the lies we tell ourselves.

- *I've made too many mistakes.
- *I don't read my bible enough.
- *There are other people who are more "qualified"
- *I don't want to be called a hypocrite.

The bottom line is this. IF WE WANT TO SHARE THE LOVE OF JESUS CHRIST AND BE A DISCIPLE, HE WILL GUIDE US.

In a school setting...

- What does the law say? How does it restrict us?
- Instead of focusing on the road blocks focus on the opportunities.

-Coaches have a tremendous amount of influence on their student athletes.

-Teachers have a tremendous amount of influence on their students.

-Parents have a tremendous amount of influence on students, coaches, and teachers.

Coaching outside of the public school setting.

Parents and Coaches have the power to disciple in a way that is free from many of the restraints of the school setting. That isn't always what we witness from these teams.

Fellowship of Christian Athletes

What is FCA?

<https://www.fca.org/aboutus/who-we-are/vision-mission>

VISION

To see the world transformed by Jesus Christ through the influence of coaches and athletes.

MISSION

To lead every coach and athlete into a growing relationship with Jesus Christ and His church.

VALUES

Our relationships will demonstrate steadfast commitment to Jesus Christ and His Word through Integrity, Serving, Teamwork and Excellence.

**If you feel called
to disciple, then
trust that he will
show you the way.**

John 13:34-35 New King James Version (NKJV)

34 A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. 35 By this all will know that you are My disciples, if you have love for one another.”